**STEP ONE: INITIAL MEETING**

With your parish priest or deacon, 12 months before your wedding.
- Evaluation of requirements.
- Completion of all forms.

**STEP TWO: MARRIAGE PREP CLASS**

Either online or in a live class. **Live classes** offered at Holy Apostles, Divine Redeemer, St. Dominic - Call parishes for dates. **Online**: at your own pace, one-on-one with a mentor couple.

www.CatholicMarriagePrep.com
719-531-0738

**STEP THREE: NATURAL FAMILY PLANNING (NFP)**

This step can be done simultaneously with steps four and five. Natural Family Planning training providers:
- **Billings Ovulation Method**
  719-391-5111
- **CCL (Couple to Couple League)**
  Register online: www.ccli.org
- **Creighton Model**
  - Colorado Springs
    St. Francis Medical Center: 719-571-3472
    - Parker: 719-649-3223

Charges may be covered by insurance.
- **Online Training:**
  see www.catholicmarriageprep.com - NFP tab.

**STEP FOUR: PREMARITAL INVENTORY**

**FOCCUS** will provide you with a personalized profile of your relationship. Evaluation must be done with a facilitator at your parish. You will review your inventory with your facilitator over several evenings according to your needs.

Or **PREPARE** www.catholicmarriageprep.com - Premarital Inventory tab.

**STEP FIVE: RETREAT**

**Engaged Encounter weekend**
Contact Esperanza Griffith
Phone: 719-636-2345
coloradocee@gmail.com
http://www.coscee.org
Or Equivalent **Parish Based Retreat**.

**STEP SIX: FINAL MEETING**

This step must be done at least one month prior to the wedding. All documents must be ready: Baptismal certificates, any required dispensations and permissions. In this step, you will work with members of your parish team on the preparation of your ceremony. You will discuss the details of the liturgy and your choice of readings with your priest or deacon. Plan also to meet with your parish music director and the marriage coordinator.